



MAY 2025: Food Court Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
<p style="font-size: small; color: green; text-align: center;">WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.</p>			<p style="text-align: center;">Lemon Pepper Chicken</p> <p style="text-align: center;">Arugula Pesto Pasta (V)*</p> <p style="text-align: center; color: green;">Italian Roasted Carrots (VE)*</p> <p style="text-align: center; color: purple;">Salad Bar</p> <p style="text-align: center;">Leafy Green Bar</p>	<p style="text-align: center;">Falafel (VE) With Tzatziki (V)</p> <p style="text-align: center;">Flat Bread (VE)</p> <p style="text-align: center;">Greek Zucchini Salad (VE)</p> <p style="text-align: center; color: purple;">Salad Bar</p> <p style="text-align: center;">Mediterranean Bar</p>
5	6	7	8	9
<p style="text-align: center;">Red White and Green Panini (V)</p> <p style="text-align: center;">Italian Chickpeas (VE)</p> <p style="text-align: center; color: purple;">Salad Bar</p> <p style="text-align: center;">Pizza Bar</p>	<p style="text-align: center;">Teriyaki Chicken Bites</p> <p style="text-align: center;">Vegetable Rice (VE)</p> <p style="text-align: center;">Katsu Broccoli (VE)*</p> <p style="text-align: center; color: purple;">Salad Bar</p> <p style="text-align: center;">Leafy Green Bar</p>	<p style="text-align: center; color: purple;"><u>Brunch For Lunch</u></p> <p style="text-align: center;">Fiesta Egg & Cheese Sandwich (V)</p> <p style="text-align: center;">Salsa (VE)</p> <p style="text-align: center;">Sweet Potato Waffle Fries (VE)</p> <p style="text-align: center; color: purple;">Salad Bar</p> <p style="text-align: center;">Classic Toppings Bar</p>	<p style="text-align: center;">Caribbean Spiced Jerk Chicken*</p> <p style="text-align: center;">Dinner Roll (V)</p> <p style="text-align: center;">Cinnamon Plantains (VE)*</p> <p style="text-align: center; color: purple;">Salad Bar</p> <p style="text-align: center;">Rainbow Bar</p>	<p style="text-align: center;">Lentil Bolognese (VE) with Elbow Macaroni (VE)</p> <p style="text-align: center;">Oven Roasted Squash (VE)</p> <p style="text-align: center; color: purple;">Salad Bar</p> <p style="text-align: center;">Mediterranean Bar</p>
12	13	14	15	16
<p style="text-align: center;">Empanada (V)</p> <p style="text-align: center;">Seasoned Pinto Beans (VE)</p> <p style="text-align: center; color: purple;">Salad Bar</p> <p style="text-align: center;">Fiesta Bar</p>	<p style="text-align: center;">Fish and Cheese Sandwich with Tartar Sauce</p> <p style="text-align: center; color: green;">Lemon Chive Peas (VE)</p> <p style="text-align: center; color: purple;">Salad Bar</p> <p style="text-align: center;">Classic Toppings Bar</p>	<p style="text-align: center;">Caribbean Style Beef Patty</p> <p style="text-align: center;">Parmesan Carrot Sticks (V)*</p> <p style="text-align: center; color: purple;">Salad Bar</p> <p style="text-align: center;">Rainbow Bar</p>	<p style="text-align: center;">Turkey Quesadilla</p> <p style="text-align: center;">Salsa (VE)</p> <p style="text-align: center;">Sweet and Zesty Garden Greens (V)*</p> <p style="text-align: center; color: purple;">Salad Bar</p> <p style="text-align: center;">Fiesta Bar</p>	<p style="text-align: center;">Chickpea Shawarma (VE)</p> <p style="text-align: center;">Brown Rice (VE)</p> <p style="text-align: center;">Roasted Curried Cauliflower (VE)</p> <p style="text-align: center; color: purple;">Salad Bar</p> <p style="text-align: center;">Leafy Green Bar</p>
19	20	21	22	23
<p style="text-align: center;">Veggie Nuggets (VE)</p> <p style="text-align: center;">Dinner Roll (V)</p> <p style="text-align: center;">Black Bean Salad (VE)</p> <p style="text-align: center; color: purple;">Salad Bar</p> <p style="text-align: center;">Leafy Green Bar</p>	<p style="text-align: center;">Guisado Chicken*</p> <p style="text-align: center;">Sofrito Rice (VE)*</p> <p style="text-align: center; color: green;">Confetti Corn (VE)</p> <p style="text-align: center; color: purple;">Salad Bar</p> <p style="text-align: center;">Fiesta Bar</p>	<p style="text-align: center;">Fish Sticks with Dipping Sauce</p> <p style="text-align: center;">Honey Herb Knot (V)</p> <p style="text-align: center;">Rainbow Spinach (VE)*</p> <p style="text-align: center; color: purple;">Salad Bar</p> <p style="text-align: center;">Rainbow Bar</p>	<p style="text-align: center;">Lemon Pepper Chicken</p> <p style="text-align: center;">Arugula Pesto Pasta (V)*</p> <p style="text-align: center; color: green;">Italian Roasted Carrots (VE)*</p> <p style="text-align: center; color: purple;">Salad Bar</p> <p style="text-align: center;">Leafy Green Bar</p>	<p style="text-align: center;">Falafel (VE) With Tzatziki (V)</p> <p style="text-align: center;">Flat Bread (VE)</p> <p style="text-align: center;">Greek Zucchini Salad (VE)</p> <p style="text-align: center; color: purple;">Salad Bar</p> <p style="text-align: center;">Mediterranean Bar</p>
Memorial Day 26	27	28	29	30
<p style="text-align: center;">Red White and Green Panini (V)</p> <p style="text-align: center;">Italian Chickpeas (VE)</p> <p style="text-align: center; color: purple;">Salad Bar</p> <p style="text-align: center;">Pizza Bar</p>	<p style="text-align: center;">Teriyaki Chicken Bites</p> <p style="text-align: center;">Vegetable Rice (VE)</p> <p style="text-align: center;">Katsu Broccoli (VE)*</p> <p style="text-align: center; color: purple;">Salad Bar</p> <p style="text-align: center;">Leafy Green Bar</p>	<p style="text-align: center; color: purple;"><u>Brunch For Lunch</u></p> <p style="text-align: center;">Fiesta Egg & Cheese Sandwich (V)</p> <p style="text-align: center;">Salsa (VE)</p> <p style="text-align: center;">Sweet Potato Waffle Fries (VE)</p> <p style="text-align: center; color: purple;">Salad Bar</p> <p style="text-align: center;">Classic Toppings Bar</p>	<p style="text-align: center;">Caribbean Spiced Jerk Chicken*</p> <p style="text-align: center;">Dinner Roll (V)</p> <p style="text-align: center;">Cinnamon Plantains (VE)*</p> <p style="text-align: center; color: purple;">Salad Bar</p> <p style="text-align: center;">Rainbow Bar</p>	<p style="text-align: center;">Lentil Bolognese (VE) with Elbow Macaroni (VE)</p> <p style="text-align: center;">Oven Roasted Squash (VE)</p> <p style="text-align: center; color: purple;">Salad Bar</p> <p style="text-align: center;">Mediterranean Bar</p>

DAILY OFFERINGS

Monday • Pizza (V) • Mozzarella Sticks (V) • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V) • Grab and Go Salads (V) • Seasoned Wedge Fries (VE) • Egg and Cheese Sandwiches (V)	Tuesday • Pizza (V) • Chicken Tenders & Dinner Roll • Mozzarella Sticks (V) • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V) • Grab and Go Salads • Seasoned Wedge Fries (VE) • Egg and Cheese Sandwiches (V)	Wednesday • Pizza (V) • Chicken Tenders & Dinner Roll • Mozzarella Sticks (V) • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V) • Grab and Go Salads • Seasoned Wedge Fries (VE) • Egg and Cheese Sandwiches (V)	Thursday • Pizza (V) • Chicken Tenders & Dinner Roll • Mozzarella Sticks (V) • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V) • Grab and Go Salads • Seasoned Wedge Fries (VE) • Egg and Cheese Sandwiches (V)	Friday • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V) • Grab and Go Salads (VE) • Seasoned Wedge Fries (VE) • Southwest Burrito (V) • Rainbow Wrap (VE)
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<p style="text-align: center; color: purple;">Milk</p> <p style="text-align: center;">1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V)</p> <p style="font-size: x-small;">Alternative options are available upon request</p>	<p style="text-align: center; color: purple;">ATTENTION:</p> <p style="font-size: x-small;">All Pre-K Students CANNOT be Offered Chocolate Milk or Cookies</p>	<p style="font-size: x-small;">OFNS Menu Support Seasonal Fresh Fruit and Vegetables when available</p>	<p style="font-size: x-small; color: orange;">OFNS has an extensive Prohibitive Ingredients List available at:</p> <div style="text-align: center;"> </div>
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* Recipes created in collaboration with OFNS and Wellness In The Schools

• **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
 • **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.