



APRIL 2025: Food Court Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Fish and Cheese Sandwich with Tartar Sauce Lemon Chive Peas (VE) Salad Bar Classic Toppings Bar	Caribbean Style Beef Patty Parmesan Carrot Sticks (V)* Salad Bar Rainbow Bar	Turkey Quesadilla Salsa (VE) Sweet and Zesty Garden Greens (V)* Salad Bar Fiesta Bar	Chickpea Shawarma (VE) Brown Rice (VE) Roasted Curried Cauliflower (VE) Salad Bar Leafy Green Bar
7	8	9	10	11
Veggie Nuggets (VE) Dinner Roll (V) Black Bean Salad (VE) Salad Bar Leafy Green Bar	Guisado Chicken* Sofrito Rice (VE)* Confetti Corn (VE) Salad Bar Fiesta Bar	Fish Sticks with Dipping Sauce Honey Herb Knot (V) Rainbow Spinach (VE)* Salad Bar Rainbow Bar	Lemon Pepper Chicken Mac & Cheese (V) Italian Roasted Carrots (VE)* Salad Bar Leafy Green Bar	Falafel (VE) With Tzatziki (V) Flat Bread (VE) Greek Zucchini Salad (VE) Salad Bar Mediterranean Bar
Spring Recess 14	Spring Recess 15	Spring Recess 16	Spring Recess 17	Spring Recess 18
Red White and Green Panini (V) Italian Chickpeas (VE) Salad Bar Pizza Bar	Teriyaki Chicken Bites Vegetable Rice (VE) Katsu Broccoli (VE)* Salad Bar Leafy Green Bar	Caribbean Style Beef Patty Roasted Carrot Coins (VE) Salad Bar Rainbow Bar	Caribbean Spiced Jerk Chicken* Dinner Roll (V) Cinnamon Plantains (VE)* Salad Bar Rainbow Bar	Lentil Bolognese (VE) with Elbow Macaroni (VE) Oven Roasted Squash (VE) Salad Bar Mediterranean Bar
21	22	23	24	25
Empanada (V) Seasoned Pinto Beans (VE) Salad Bar Welcome Back Bar	Fish and Cheese Sandwich with Tartar Sauce Lemon Chive Peas (VE) Salad Bar Welcome Back Bar	<u style="color: purple;">Brunch For Lunch</u> Fiesta Egg & Cheese Sandwich (V) Salsa (VE) Sweet Potato Waffle Fries (VE) Salad Bar Classic Toppings Bar	Turkey Quesadilla Salsa (VE) Sweet and Zesty Garden Greens (V)* Salad Bar Fiesta Bar	Chickpea Shawarma (VE) Brown Rice (VE) Roasted Curried Cauliflower (VE) Salad Bar Leafy Green Bar
28	29	30		
Veggie Nuggets (VE) Dinner Roll (V) Black Bean Salad (VE) Salad Bar Leafy Green Bar	Guisado Chicken* Sofrito Rice (VE)* Confetti Corn (VE) Salad Bar Fiesta Bar	Fish Sticks with Dipping Sauce Honey Herb Knot (V) Rainbow Spinach (VE)* Salad Bar Rainbow Bar	WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.	

DAILY OFFERINGS

Monday	Tuesday	Wednesday	Thursday	Friday
• Pizza (V) • Mozzarella Sticks (V) • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V) • Grab and Go Salads (V) • Seasoned Wedge Fries (VE) • Egg and Cheese Sandwiches (V)	• Pizza (V) • Chicken Tenders & Dinner Roll • Mozzarella Sticks (V) • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V) • Grab and Go Salads • Seasoned Wedge Fries (VE) • Egg and Cheese Sandwiches (V)	• Pizza (V) • Chicken Tenders & Dinner Roll • Mozzarella Sticks (V) • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V) • Grab and Go Salads • Seasoned Wedge Fries (VE) • Egg and Cheese Sandwiches (V)	• Pizza (V) • Chicken Tenders & Dinner Roll • Mozzarella Sticks (V) • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V) • Grab and Go Salads • Seasoned Wedge Fries (VE) • Egg and Cheese Sandwiches (V)	• Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V) • Grab and Go Salads (VE) • Seasoned Wedge Fries (VE) • Southwest Burrito (V) • Rainbow Wrap (VE)

<p>Milk 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) <small>Alternative options are available upon request</small></p>	<p>ATTENTION: All Pre-K Students CANNOT be Offered Chocolate Milk or Cookies</p>	<p>OFNS Menu Support Seasonal Fresh Fruit and Vegetables when available</p>	<p>OFNS has an extensive Prohibitive Ingredients List available at:</p> <div style="text-align: center;">  </div>
<p>* Recipes created in collaboration with OFNS and Wellness In The Schools</p>			

• **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
 • **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.